

Education Learning Journey Example B

**Webinar
(90 minutes)**

CONTEXTUALISATION: ATTACHMENT, TRAUMA & RESILIENCE

Content: This webinar will introduce the foundations of the attachment-aware and trauma-informed knowledge base, and place this in the context of the adolescent and post-16 age groups, and particularly the most vulnerable within these groups.

Participants: all staff from the College (attending live or watching as a recording)
Purpose: To ensure that all staff have the same foundations of the attachment-aware and trauma-informed knowledge base, particularly those continuing on this learning journey

E-learning

Community Resilience & Toxic Stress: Working With Trauma Across The Lifespan

Purpose: to support and build upon the learning content delivered in the contextualisation webinar, and encourage reflective practice through journal entries and conversations.

Participants: all staff – time spent on this and completion is dictated by participant

**Webinar
(90 minutes)**

Secondary Trauma – Building Resilience Within The Staff Group

Content: This webinar will focus on the impact of secondary trauma, and how it can be recognised, prevented and managed. KCA's Five to Thrive model will also be presented.

Participants: staff from the ESOL Team, the Safeguarding Team, Personal Development Tutors and Personal Tutors


Purpose: To ensure that awareness of Secondary Trauma is increased within the College setting, especially within the staff body who work with the most vulnerable young people

E-learning

Secondary Trauma

Purpose: to support and build upon the learning content delivered in the 'Secondary Trauma – Building Resilience within the staff group' webinar, and encourage reflective practice through journal entries and conversations.

Participants: staff from the ESOL Team, the Safeguarding Team, Personal Development Tutors and Personal Tutors - time spent on this and completion is dictated by participant



**Web tutorial
(90-120
minutes)**


A bespoke tutorial will be provided for each staff group (Safeguarding Team, personal Development Tutors, personal Tutors and the ESOL team)
So 4 tutorials delivered in total

Attachment And Trauma-Informed Practice In Your Role –Developing An Action Plan

Content: This session will be a reflective and discursive session facilitated by a KCA Trainer Consultant

Participants: Tutorial A = staff from the ESOL Team, Tutorial B =the Safe-guarding Team, Tutorial C = Personal Development Tutors, Tutorial D = Personal Tutors

Purpose: To make the transition from having a more generic attachment-aware and trauma-informed knowledge base to a more specific and intensive approach to embedding this into practice for each of the staff groups taking into consideration the specific challenges and opportunities for each role



**Web tutorial
(90-120
minutes)**

A tutorial will be provided for each staff group (Safeguarding Team, personal Development Tutors, personal Tutors and the ESOL team)
So 4 tutorials delivered in total

Attachment And Trauma-Informed Practice In Your Role –Follow Up & Next Steps

Content: This will be a reflective review session facilitated by A KCA Trainer Consultant.

Participants: Tutorial A = staff from the ESOL Team, Tutorial B =the Safeguarding Team, Tutorial C = Personal Development Tutors, Tutorial D = Personal Tutors

Purpose: To check in with progress, challenges and successes, and provide a reflective space for planning next steps so that momentum is maintained and community resilience maintained