Children Social Care Learning Journey Example A (Local Authority adoption support workers)

KCA were commissioned to support adoption support workers to undertake the accredited KCA Level 4 Award in Working with Vulnerable and Traumatised Children, Young People and their Families. The following 18 month learning journey provided learning inputs to support the qualification and was also made available to other practitioners involved in adoption support in the region, as well as adoptive parents. The Learning Journey was adapted as it was delivered as a result of the Covid-19 Pandemic.

Face to Face workshops (3)

Vulnerability, trauma and recovery: Relationships build brains

Teaching type: Full day workshop delivered face to face
Participants: 18 participants including social workers, adoption support workers and adoptive parents
Purpose: to develop understand ing of the key issues in living and working with the significant minority of children and young people who are living with brain injuries from which they have not yet recovered. It also provided opportunities to recognise and develop skills in working effectively with trauma through developing relationships offering co regulation, guidance and support

Transitions and Vulnerability: Developing resilience throughout the network

Teaching type: Half day workshop delivered face to face
Participants: 20 participants including social workers, adoption support workers and adoptive parents
Purpose: to explore the importance of relationships across the network in supporting children and young people to manage transitions and build resilience

Building Resilience: Five to Thrive and resilience mapping

Teaching type: Half day workshop delivered face to face
Participants: 20 participants including social workers, adoption support workers and adoptive parents
Purpose: to enable participants to understand how Five to Thrive can be a model of human needs that enables us to map resilience, and how to apply this to create strategies for helping children and young people to develop and thrive through using resilience mapping to promote individual and social resilience.

kca.

Webinars (7)

Covid 19, Toxic Stress and Community Resilience: Maintaining compassionate reason during social adversity

Teaching type: 90 minute webinar delivered via Zoom
Participants: 47 participants including social workers, adoption support workers and adoptive parents delivered over 2 separate webinars.
Purpose: to reflect on the implications of the Covid 19 Pandemic on trauma informed practice .

Community Resilience and Secondary Trauma: Maintaining well being for everyone in the network around vulnerable children and young people

Teaching type: 90 minute webinar delivered via Zoom
Participants: social workers, adoption support workers and adoptive parents
Purpose: to enable learners to understand key issues about the impact of secondary trauma on individuals, organisations and support networks, and then identify and develop skills in recognition, prevention and management of those effects

Adolescence: Living and working with young people in transition

Teaching type: 90 minute webinar delivered via Zoom
Participants: social workers, adoption support workers and adoptive parents
Purpose: to enable participants to recognise the changes in brain function that affect all adolescents, and the particular impact of these changes on young people who have lived with early adversity and trauma. It provides a model for recovery from such trauma, and working tools to enable participants to transfer learning to practice

Self Harming Behaviours: Living and working with maladaptive survival behaviours

Teaching type: 90 minute webinar delivered via Zoom
Participants: social workers, adoption support workers a nd adoptive parents
Purpose: to enable practitioners to recognise that self harming behaviours are maladaptive responses which have served a purpose for the child. This understanding provides learners with a platform for developing ways of responding in ways which can promote positive prosocial behaviours

kca.

Webinars (cont'd)

Brain Development and Positive Parenting: Five to Thrive as a model for promoting secure attachment

Teaching type: 90 minute webinar delivered via Zoom
Participants: social workers, adoption support workers and adoptive parents
Purpose: helping parents caring adults to understand the impact they have on the developing brain of children can develop responsiveness and confidence. This understanding promotes positive parenting . This course aims to integrate this understanding into practice so that parents/cares/practitioners can explain and consistently model the activities that build and maintain healthy brains

Sexualised Behaviour: Issues in Adoption

Teaching type: 90 minute webinar delivered via Zoom
Participants: social workers, adoption support workers and adoptive parents
Purpose: to support participants to understand the impact of sexual trauma on children and young people and develop skills in working safely with children and young people who display sexualised behaviours.

kca.