

Criminal Justice Learning Journey Example B (Police force)

1 x
interactive
webinars
(Champions)

Five to Thrive and Mending Hurts: developing trauma informed practice in the police

Teaching type: Interactive webinar delivered via Zoom (full day)

Participants: 22 police 'Champions'

Purpose: to raise awareness and develop understanding amongst identified police Trauma Informed 'Champions' about attachment behaviours, unregulated stress, trauma and resilience, and how Five to Thrive and Mending Hurts can support effective, connected relationships that promote recovery from trauma.



1 x
Reflective
tutorial
(Champions)

Co-producing webinar for wider police force

Teaching type: Interactive tutorial delivered via Zoom (3 hours)

Participants: 22 Champions

Purpose: to reflect on the previous webinar and consider how to integrate examples of police practice and processes into training and develop a co-delivery model (so that Champions can co-deliver alongside KCA to wider force)



15 x
interactive
webinars
(Managers)

Five to Thrive and Mending Hurts: developing trauma informed practice in the police

Teaching type: Interactive webinar delivered via Zoom co-delivered with a pair of Champions (full day)

Participants: 650 officers from Neighbourhood and Response Teams (max 50 per session)

Purpose: to raise awareness and develop understanding about attachment behaviours, unregulated stress, trauma and resilience, and how Five to Thrive and Mending Hurts can support effective, connected relationships that promote recovery from trauma (including police specific case studies of Five to Thrive in practice shared by Champions)



1 x
Reflective
Tutorial
Session
(Champions)

Reflecting on feedback from wider-Force training programme

Teaching type: Interactive tutorial delivered via Zoom (2 hours)

Participants: 22 Champions

Purpose: to reflect on feedback and comments from webinars delivered to the wider force and identify key issues and recommendations to feedback to Senior Leaders.





**1 x
Consolidation
Tutorial
Session
(Senior Leaders)**

Identifying key messages and next steps to develop trauma informed practice

Teaching type: Interactive tutorial delivered via Zoom by KCA and representative Champions (2 hours)

Participants: Senior Leaders

Purpose: to reflect on feedback and comments from webinars and identify key issues and recommendations to develop and maintain trauma informed practice across the Force.